



AUGUST 28, 2015

VOLUME 63, NO. 8

# PILGRIM NEWS

PUBLISHED MONTHLY

Many efforts are coming to fruition in our Pilgrim life this September. Remembering that we are a **Just Peace Church** (committed to action for social change), an **Open and Affirming Church** (welcoming and advocating for LGBTQ individuals and causes), and an **Intergenerational Church**, we will be celebrating our identity, changing lives, and transforming the world in many ways:

- ⇒ On **Sunday, September 6**, Ben Olson will be driving his Cadillac in the **Duluth Superior Pride** parade; Dee and I will be riding along. Recognition of same-sex marriage is a point of celebration! But in many other ways, there is SO much work still to do. STRAIGHT ALLIES, you are integral to changing policies and attitudes. Your support makes a difference!
- ⇒ On **September 13** we'll kick off our "program year" with **Gathering Sunday**. After a summer of vacations, family reunions, and weekends away, it will be good to Gather together to worship the One who gives us each other! As has been the custom, a fellowship meal will follow worship; please plan to stay and get caught up with each other. The Hogwarts Team again welcomes your assistance in creating piñatas for the October Hogwarts event when you've finished your meal. And a Bake Sale with homemade yummys will support our Children's Music Ministries.
- ⇒ **Educational ministries for children** also resume on Gathering Sunday. This year they will engage the day's scriptures through activities while adults engage the sermon. Most Sundays they'll have their juice time before the grown-ups, so they can join Rachael Kresha for music already refreshed. However, on Communion Sundays, they will return to the sanctuary to share in the sacrament.
- ⇒ Of course, we can't be an Intergenerational Church if the adults don't interact with the kids! Your participation is requested in **Intergenerational 2<sup>nd</sup> Hour** programs on the second Sunday of most months (excluding Gathering Sunday). And of course, adults are needed to lead or assist with Sunday School scripture-engagement activities during the sermon time. **A committed Intergenerational Church shares the faith directly across generations; perhaps you are one to join the array of teaching volunteers, or lead an Intergenerational 2<sup>nd</sup> Hour event.**
- ⇒ As I write, we feel close to finding a new Children and Family Ministries Coordinator who will enable our kids' programs to flourish by tending to a LOT of behind-the-scenes details. Pencil in **September 20, 2<sup>nd</sup> Hour** for (hopefully!) a time to meet the new Coordinator personally!
- ⇒ Finally, **Sunday September 27 2<sup>nd</sup> Hour** will be an anti-racism discussion, based upon Dr. Jennifer Harvey's book **Dear White Christians: For Those Still Longing for Racial Reconciliation**. If you don't feel you have time to read the book, you can access her Minnesota Conference UCC Annual Meeting keynote address and an article entitled "White Fragility" through our website (look under Upcoming Events), or printed copies in Salter Hall. The many racially-charged events of the past year have demanded we rethink how we deal with racism in this country. The work is challenging, but central to our identity as **Just Peace** Christians in America.

I'm excited about all these ways of living out Pilgrim's identity and calling during September and into the program year! Take time to pray through these possibilities, and listen for the ones to which you may be called – maybe in unexpected areas (anything can happen when you let God be God). I look forward to joining with you in these and whatever else you are called to help bring forward in the life of Pilgrim Church!

**LGBTQ YOUTH SUPPORT**

The Pilgrim Befriender group met on Tuesday, August 18, for an education session regarding LGBTQ (lesbian, gay, bisexual, transsexual and queer) issues in the Duluth area. A panel of volunteers, moderated by Kathy Hermes from Lutheran Social Services, shared their views and experiences. Panelists discussed the importance of having support services in the community for LGBTQ youth.

Housing can be a critical need since LGBTQ youth are more likely to be homeless. Life House Youth Center and Renaissance Teen Transitional Housing offer a safe place for homeless youth to live until they can get on their feet. UMD GLBT Services and the Queer Student Union offer vital peer support for youth who are often rejected by family and friends when they 'come out of the closet'. Together for Youth and the Arrowhead Trans Group offer other options for support and socialization to LGBTQ youth in the Duluth area.

There is a packet of information in the church office about the resources in the Duluth area if you know anyone who can use this information.

**BAKE SALE MUSICAL FUNDRAISER  
SEPTEMBER 13**

I am hoping to raise a couple hundred dollars to offset the cost of the musical scripts, rehearsal cds, and accompaniment cd this year. There will be a sign up in Salter Hall to bring baked goods, or you can contact me directly! 218-721-6052, [rachaelkre-sha@gmail.com](mailto:rachaelkre-sha@gmail.com)

Just an FYI, Jonathan will be bringing some Oreo truffles if you know any chocolate lovers!

**PACT TV REGULAR BROADCAST**

Pilgrim's regular broadcasts on Channel 180 are Wednesdays, 3:30-4:30 pm and Thursdays, 7:00 to 8:00 am and 8:30-9:30 pm.

Sept. 2 and 3-"Onions, Stories and Bread" by the Rev. Jennifer Amy-Dressler from August 2, 2015

Sept. 9 and 10-"Becoming Christian" by the Rev. Jennifer Amy-Dressler from August 9, 2015

Sept. 16 and 17-"JOYFUL joyful Adoration" by the Rev. Dr. Karen Schuder from August 23, 2015

Sept. 23 and 24-"SBNR" by the Rev. Jennifer Amy-Dressler from August 30, 2015.

**"LET US FOLLOW WAYS OF  
WISDOM..."**

Our exploration of wisdom during Worship on the Lawn on August 16 included singing these words, and also sharing tidbits of wisdom that we value. Here's what participants shared on the "Wall of Wisdom":

*Follow your heart. Take your head along.*

*What's important is what you do with what you've got.*

*"Be the rainbow in someone else's cloud." (Maya Angelou)*

*"I am the resurrection and the life. He that believeth in me, though he were dead, shall live."*

*All you put into the lives of others comes back to you in your own.*

*In the end you only regret the chances you didn't take.*

*"Love is not love which alters when it alteration finds ...." (William Shakespeare)*

*The glory of God is all around us. Open your eyes and behold.*

*Never say never.*

*You only live once, but if you do it right, once is enough!*

*If opportunity doesn't come knocking, build a door.*

*Don't worry, be happy!*

*The early bird gets the worm, but the second mouse gets the cheese.*

*Wisdom: 1. Make a mistake; 2. Learn from your mistake; 3. Remember what you learned; 4. If step 3 fails you have not yet achieved wisdom; return to Step 1.*

*An opinion, by definition, cannot be wrong; it can, and likely will, be different than yours, but my opinion is not wrong.*

*A miss is as good as a mile!*

*Measure twice, cut once.*

**WORSHIP SCHEDULE**

**August 30-Twenty-second Sunday in Ordinary Time**

“SBNR”

(James 1:17-27; Mark 7:1-8, 14-15, 21-23)

Rev. Jennifer Amy-Dressler

10:00 am Worship

11:00 am Coffee Hour

11:20-2nd Hour-Anti-racism based on *Dear White Christians*

Childcare available 9:30-12:30 pm

**September 6-Twenty-third Sunday in Ordinary Time**

“Open Wide . . .”

(Mark 7:24-37)

Rev. Jennifer Amy-Dressler

10:00 am Worship with Holy Communion

11:00 am Coffee Hour

11:20-Piñata construction for Hogwarts's

Childcare available 9:30-12:30 pm

**September 13-Twenty-fourth Sunday in Ordinary Time**

**Gathering Sunday**

“A Time to Speak”

(Mark 8:27-38)

Rev. Jennifer Amy-Dressler

10:00 am Worship and Sunday School

11:00 am Brunch

After brunch you can help finish the Piñata for Hogwarts's

Childcare available 9:15-12:30 pm

**September 20-Twenty-fifth Sunday in Ordinary Time**

“Submission”

(James 3:13-4:3, 7-8a; Mark 9:30-37)

Rev. Jennifer Amy-Dressler

10:00 am Worship and Sunday School

11:00 am Coffee Hour

11:20 am Meet our new Children and Family Ministries Coordinator

Childcare available 9:15 to 12:30 pm

**September 27-Tewnty-sixth Sunday in Ordinary Time**

“Remember the Little Things”

Rev. Jennifer Amy-Dressler

10:00 am Worship and Sunday School

11:00 am Coffee Hour

11:20-2nd Hour *Dear White Christians*

**DEAR WHITE CHRISTIANS  
2ND HOUR SEPTEMBER 27**

**For Those Still Longing for Racial Reconciliation**

by Jennifer Harvey, is a timely read, and was the basis of Dr. Harvey's keynote addresses at MN Conference UCC Annual Meeting. You are encouraged to read this book and join in a discussion in September. 30. (Note that, with recent events, you may have to backorder the book from your favorite source.)

If you know you won't have time to read it, you can read Dr. Harvey's keynote address to the MN Conference UCC, and a related article entitled “White Fragility,” under Upcoming Events on our website, or pick up print copies at church.

**UPDATED GLUTEN-FREE  
COMMUNION SERVICE**

In its meeting on July 14th, the Worship & Arts Ministry members discussed communion supplies and preparation. In keeping with extravagant welcome and full inclusion, the goal is to provide truly gluten-free communion to communicants who need this option, without risk of gluten contamination. After discussing several options, a plan was developed to simplify and unify the service by offering only gluten-free elements to worshippers. It was also thought appropriate to offer the option of individual cups of juice as an alternative to dipping in the common chalice. This will eliminate any anxiety for members who hope or need to specify their diet in this way. Comments from the general congregation are requested and can be addressed to the Worship & Arts ministry in care of Jim Brower.

***“Are you interested in bringing out the best in our youth and helping them mature into excellent young adults that can be active, involved members of our community?”***

Pilgrim has been invited into conversation about the Youth Development Program, created through the educational arm of the Baha'i Faith and designed to assist youth to mature in their spirituality, morals, and critical thinking skills. The content is spiritually based and interfaith oriented, and the structure is flexible for each community's setting.

If you are interested in representing Pilgrim Church to explore this possible cooperative venture with several Duluth partners, please talk with Jennifer.

**PARISH PERSONALS**

You are invited to include these people in your personal prayers. If you would like to request prayers for yourself or someone else, please contact the church office or Marge Fraser at 525-5066.

**HOGWARTS CALL FOR VOLUNTEERS**

Hogwarts Halloween Party is coming up October 25th at Pilgrim. Put it on your calendar now. Join the fun by volunteering at a party station using this sign up link:

<http://www.signupgenius.com/go/10c084ca8aa2da7f94-hogwarts2>

Contact Jenny Jensen (218-461-7727) if you have any questions or if your business would like to donate.

**WOMEN'S BOOK GROUP**

September 21 at 6:30 will be the planning meeting for the next year. Start your list of books that you have heard about and bring it to that meeting so we can make our choices! Everyone is welcome so bring a friend!

**TURKEYS UPDATE!**

The championship game was a hard fought battle and tough end to a great season. The Turkeys made things interesting early on with some good base running and key hits. Our defense played wonderfully but the bats of PIC Red were too much. They were finding all the holes in the outfield and their defense did not allow any more runs. It was a valiant effort as the Turkeys fell to Peace In Christ Red 10-2. Thanks to all the players who contributed and were are part of this team. Thanks to our Pilgrim fans for coming to watch us play and thanks you to Pilgrim Church for the continued support our softball team. Look for us next year in our new gray and orange jerseys! David Braun, Coach/Manager

**THURSDAY SEPTEMBER 17TH:  
6:00-7:00PM**

**Joyful Noise classes begin!** This will be my seventh year teaching Joyful Noise at Pilgrim. It is for ages ~5-10. It is class that is designed to get kids interested in music! We sing, move, jump, learn recorders, play drums, handbells and much more. It is open to Pilgrim families and to the community. Over the years, it has been a great way to introduce new families to Pilgrim. You and your families are one of the many great things Pilgrim has to offer to this community! Registration forms are on our website and the Salter Hall Table. Please feel free to pass this information out to friends!



**BACH CANTATA  
SUNDAY, DECEMBER 6TH:  
10 AM**

This is an optional activity for kids 4th grade and older. The adult choir will be singing on Sunday, December 6th a Cantata written by Johann Sebastian Bach 301 years ago. 300 years ago, the soprano part of music was sung by children, and the other parts were sung by adults. I and a choral scholar would teach the youth the music, but they would have the opportunity to rehearse with the choir and work with Bret Amundson. Most churches wouldn't dream of doing this, but we have so many talented singers in our Sunday school classes, I wanted to give the kids this amazing opportunity that I had has a youth.

<b>FINANCIAL INFORMATION</b>		
	July 2015	Year to Date
Income	\$ 31,237	198,391
Expenses	\$ <u>27,124</u>	<u>238,236</u>
Difference	4,113	(39,845)

**SUNDAY, DECEMBER 20TH  
10 AM  
CHRISTMAS PAGEANT AT  
PILGRIM**

"Hark the Herald Angels Sing." This year the Christmas Pageant will be told from the perspective of angels, "Hark and Herald" as they go on a training mission with the legendary Angel Gabriel who visits Mary and Joseph, the Shepherds, and a few more adventures on the way. The pageant will involve, our youth (even babies/toddlers), and a few adult volunteers. It is such a busy time of the year for all of us, so the Pageant is simple and does not require a lot from the kids (or parents!).

**Rehearsals for the Christmas Pageant:** We will be learning the music during our music time after church from 11:00-11:30 am on Sunday mornings. There are a few speaking roles and I will open that up to the kids. We will have our big rehearsal on Saturday, December 19th from 10:00-11:30 am with costumes and the bell choir! We will also rehearse again on Sunday, December 20th at 9 am before the service.

**SUNDAY, FEBRUARY: 28TH  
AND MARCH 6TH:  
11:30-12:30:**

**Auditions for Spring Musical:** Any youth interested in a speaking or solo singing part for the spring musical is invited to audition, sign up sheets will be posted in Salter Hall in February.

**SUNDAY, JUNE 12TH: 10 AM**

**Malice in the Palace: Pilgrim's Spring Musical:** The story of Esther has all the ingredients for a great Hollywood thriller- a beautiful and spirited heroine, a dark-hearted villain, a twisting plot full of danger and intrigue, and a cliffhanger climax. And in the midst of this excitement we find a powerful message-the smallest person acting bravely can make an enormous difference, for God has placed us where we are for a reason.

**PILGRIM CHURCH MEDIA  
RELEASE POLICY**

In this digital age the church takes many pictures of baptisms, worship services, special events, activities, Sunday school, mission trips, etc. Media images and recordings bring life to and help tell the story of Pilgrim Church's vibrant faith community, enhance the quality of the information we provide to our members and give visitors an idea of what to expect when they attend our church. We use these pictures to record, promote, and celebrate Pilgrim's ministry through many different venues including, but not limited to, our church website, PACT TV, and our Facebook page. In public venues such as ours, there is no legal expectation that one's image may not be captured and used in "non-abusive" ways.

We do not generally identify children or youth by name in the photos we post online or for other use, although cast members may be listed as part of a children's presentation in our bulletin and on PACT TV. We understand that some prefer not to have their own or their family members' images used, and we want to respect those wishes. If you have questions or concerns about this policy, please contact the church office at 218-734-8503. That information will be passed along to the Communications Ministry.

**RECLAIM YOUR LOST TREASURES**

Lost and found items and containers left in the kitchen will be available in Salter Hall September 13-27. Unclaimed items will be donated after that date.



**CHUM MEMBER DELEGATES FROM  
PILGRIM**

**Joan Morrison and Diane Desotelle** have agreed to be Pilgrim's delegates to CHUM for the next two year term. Thank you so much to Adam Pine and Ben Olson for their term as delegates. Joan and Diane will coordinate and communicate with CHUM and Pilgrim on a variety of projects and events.

**“GRIEF/LOSS AS A SACRAMENT”**

Fall Retreat

Benedictine Center of Spirituality

September 26, 9 am-noon

Our experiences of loss and grief change our relationships with God, ourselves, and others. We will look at grief in this and other cultures. God is with us on our journey through “the dark night of the soul.” Together we can grow to wholeness. As a sacrament helps us grow in holiness, so does grief, and our sojourn with God becomes sacramental.

Free Will Offering

To learn more or register, call 218-723-6555 or email [pauline.m@duluthhosb.org](mailto:pauline.m@duluthhosb.org).

**“FALL INTO PRAYER” RETREAT**

Benedictine Center of Spirituality

October 24, 9 am-noon

We will explore and discuss various types of verbal, mental and affective prayer. We will learn how to use techniques such as Welcoming Prayer, Centering Prayer, Lectio Divina, Ignatian Prayer and Devotional Prayer to deepen our personal relationship with God.

Free Will Offering

To learn more or register, call 218-723-6555 or email [pauline.m@duluthhosb.org](mailto:pauline.m@duluthhosb.org).

**WOMEN & SPIRITUALITY CONFERENCE**

October 24-25

Minnesota State University, Mankato

Now in its 34<sup>th</sup> year, this conference provides a supportive and nurturing setting for a dialogue of caring and mutual respect between and among people from many spiritual and religious traditions, fostering understanding and celebration of similarities and differences. A wide variety of workshops from psychological, feminist, Native, yoga, arts, and other perspectives are offered. More information: [sbs.mnsu.edu/women/](http://sbs.mnsu.edu/women/) and click on the “Women & Spirituality Conference” tab on the left.

"Tact is the knack of making a point without making an enemy."

- Sir Isaac Newton, 1642-1727

[www.instituteforcivility.org](http://www.instituteforcivility.org)

**WHERE DOES ALL THIS STUFF COME FROM?**

If you are looking around your house and environs and notice a bunch of stuff that you no longer need, consider donating the bunch of stuff to the United Campus Ministry's "50-Cent Sale" to be held Saturday, September 26 from 9am-3pm. This sale helps the students raise funds to support the Ministry that in turn supports them in their college pursuits. You can bring the stuff to the sale site starting September 20 -- Hope United Methodist Church at the corner of St. Marie and Carver.

And if you are in need of more stuff, the students invite you to buy more of it at the sale.



**IT'S HARVEST TIME!**

**Contribute your extra harvest to the CHUM Food Shelf**

Join other local gardeners by taking part in the **Harvest Campaign** - a food drive to raise locally grown produce from homes and community gardens. You can bring your produce to the CHUM Food Shelf at 120 N 1st Ave West, M-F from 9 AM to 2 PM or to Our Saviors Lutheran Church at 4831 Grand Ave. T & Th from 11 AM to 1:30 PM. For more information, please contact [Meg](#).

**PILGRIM CHURCH STAFF**

- Jennifer Amy-Dressler, Pastor
- Mary Sopoci, Business Manager
- Jim Brower, Administrative Assistant
- Rachael Kresha, Director of Music
- Bret Amundson, Director of Choral Music
- Annika Nielsen, Childcare Assistant

**AUGUST 27-SEPTEMBER 24**

Sunday, August 30	10:00 am	Worship
	11:00 am	Coffee Hour
Tuesday, Sept. 1	6:30 pm	Leadership Team
Sunday, Sept. 6	10:00 am	Worship with Holy Communion
	11:00 am	Coffee Hour
	11:20 am	Hogwarts Piñata Construction
Monday, Sept. 7		Happy Labor Day-Office Closed
Tuesday, Sept. 8		All Ministry Night
Wednesday, Sept. 9	7:15 pm	Pilgrim Choir Rehearsal
Sunday, Sept. 13	9:15 am	Pilgrim Choir Rehearsal
	10:00 am	Worship and Sunday School
	11:00 am	Congregational Meal
Tuesday, Sept. 15	7:00 pm	BeFriends
Wed., Sept. 16	7:15 pm	Pilgrim Choir Rehearsal
Thursday, Sept. 17	6:00 pm	Joyful Noise
Sunday, Sept. 20	9:15 am	Pilgrim Choir Rehearsal
	10:00 am	Worship and Sunday School
	11:00 am	Coffee Hour
	11:20 am	2nd Hour-Meet the New Children and Family Ministries Coordinator
Monday Sept. 21		Newsletter Deadline
Tuesday, Sept. 22	6:00 pm	Church Council
Wed., Sept. 23	7:15 pm	Pilgrim Choir Rehearsal
Thursday, Sept. 24	1:00 pm	Newsletter Assembly
	6:00 pm	Joyful Noise

**Next Newsletter Deadline is Monday, September 24**

Need more information on happenings, or a boost in the arm about how God has been working in and through Pilgrim Church? Remember to visit our website, [pilgrim-duluth.org](http://pilgrim-duluth.org), and our Facebook page! When you visit the Pilgrim Church Facebook page, please click the "LIKE" button as well as the "SHARE" button. Also, you may "INVITE" your FRIENDS to the "event" of Thursday evening worship. Help us promote the Thursday service as well as the viewing of our FB page!

**ALL MINISTRY NIGHT**

**September 8**

**Check the time of your Ministry meeting.**

**SUNDAY VOLUNTEERS**

**August 30-Usher**

Jack Kemp

**Greeters/Coffee**

George and Jane Killough

**Reader**

Gene Shull

**Counters**

Jack Setterlund and Denny Falk

**September 6-Ushers**

Marge Fraser, Julie Drake and Jenny Ballew

**Greeters/Coffee**

Denny Falk

**Reader**

George Killough

**Counters**

Jack Setterlund and Steve Grindy

**September 13-Ushers**

Carri Hoagland and Andrew Streitz

**Greeters/Coffee**

Bob and Lois Heller

**Reader**

Don Bjaralt

**Counters**

Mardi Bagley and Steve Cushing

**September 20-Ushers**

Marge Fraser and Bob Hensley

**Greeters/Coffee**

Patty Polasky and Anita Stech

**Reader**

Tammy Hensley

**Counters**

Denny Falk and Greg Gilbert

**September 27-Ushers**

Marge Fraser and Denny Falk

**Greeters/coffee**

Melanie and Martin Grune

**Reader**

Carri Hoagland

**Counters**

Mardi Bagley and Greg Gilbert

Please arrive at church between 9:15 and 9:30 to allow enough time to get ready for worship. Thank you!

**pilgrim CONGREGATIONAL CHURCH**  
A UNITED CHURCH OF CHRIST

**2310 East Fourth Street  
Duluth, MN 55812-1430  
Address Service Requested**

**Non-Profit Org.  
U. S. Postage  
PAID  
PERMIT No. 94  
DULUTH, MN**

**Inside This Issue**

- Page 1** September at Pilgrim Gathering Sunday 9-13
- Page 2** Events and News
- Page 3** Worship Plans and Sunday Events
- Page 4** Posts and Personals
- Page 5** Pilgrim Events
- Page 6** Community News
- Page 7** Calendar and Volunteers For Sundays

Office hours are 9-4, Monday through Friday. You can reach us at:  
[office@pilgrimduluth.org](mailto:office@pilgrimduluth.org) 218-724-8503 or [www.pilgrimduluth.org](http://www.pilgrimduluth.org)

**Upcoming Events**

- August 30** Worship
- Sept. 1** Leadership Team
- Sept. 6** Worship  
Hogwarts Piñata Construction
- Sept. 8** All Ministry Night
- Sept. 13** Worship and Sunday School  
Gathering Sunday meal
- Sept. 15** BeFrienders
- Sept. 17** Joyful Noise
- Sept 20** Worship and Sunday School  
Meet the new Children and Family Ministries Coordinator
- Sept. 21** Newsletter Deadline  
Women's Book Group
- Sept. 22** Church Council
- Sept. 24** Joyful Noise



**pilgrim CONGREGATIONAL CHURCH**

A UNITED CHURCH OF CHRIST